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Aqua Sana welcomes Made for Life wellness treatments to their five forest spas

Center Parcs' award-winning spa brand, Aqua Sana, is delighted to announce it will be working with organic skincare brand, Made for Life.

Three new wellness treatments, designed by Made for Life, will be introduced to Aqua Sana Spas from June.

The new treatments, which will be added to the Aqua Sana menu, are suitable for anyone who may be dealing with stress or anxiety but were specially designed for people who have had treatment for cancer. The treatments being launched in Aqua Sana Spas include a 55 minute 'Hand on Heart™' back, neck and scalp treatment, a 25 minute 'Catch the Breath™' back and head treatment and a 25 minute 'Soothe and Nurture' organic facial.

Made for Life Treatments use Chinese Tui Na techniques to provide a nurturing and relaxing experience. Using slow gentle rhythmic movements and touch, guests will enter a meditative state of relaxation, allowing them to escape the strains of daily life and feel rested from the physical and mental toll that cancer and treatment for cancer can take on the body.

The new treatments, which use multi award-winning Made for Life products, will be available at all five Aqua Sana Spas from June. The products, which are blended in Cornwall, were the first in the UK to receive 100% organic certification across the whole range.

Kay Pennington, Group Spa Manager for Aqua Sana said:

"We want to be able to give everyone a chance to feel a million miles away from the everyday and have some good quality 'me time'. We are delighted to be working with Made for Life to add these wonderful new treatments to our menu. For 20 years the Aqua Sana experience has turned many spa shy people into spa fans and we strongly believe the spa experience should be available for all to enjoy. We have already received wonderful feedback about Made for Life from our therapists and now look forward to hearing what our guests think!"

Amanda Barlow, MD of Made for Life said:

"It's wonderful when a spa really confidently tunes in to the needs of people who are undergoing treatment for cancer. Many people, even those who have cancer aren't always aware that some spa treatments may be unsuitable for them to experience. Our philosophy and education enables spas and therapists to have both clarity and confidence to throw those spa doors open wide to all. This has been a key objective since we started providing massage for those with cancer in spas in 2003.

The Aqua Sana and Made for Life brands have similar values at their core. Like Aqua Sana, nature is at the heart of what we do, we are very person-centred and are passionate about how both our products and treatments can help people to feel well. The feedback from the teams at the Aqua Sana Spas has been fantastic; they tell me and my training team that they are really looking forward to delivering these treatments from June and opening

up the treatment world to people who arguably need it more than most.”

Each spa is nestled in peaceful woodland, making them the perfect escape from the everyday, a place to get close to nature and spend time with someone special. Take in the beauty of the forest and listen to the soothing sounds of nature as you unwind in the outdoor heated pool. Each spa location boasts a variety of at least 15 spa experiences to try.

Notes to Editors

About Aqua Sana:

Aqua Sana has five spa locations across the UK: Sherwood Forest in Nottinghamshire, Elveden Forest in Suffolk, Longleat Forest in Wiltshire, Whinfell Forest in Cumbria and Woburn Forest in Bedfordshire (less than an hour from central London).

Expert treatments are provided by ELEMIS and Decl or, whilst the new ELEMIS Speed Spa will offer fast and effective results in just 20 minutes. Aqua Sana Longleat Forest also boasts its own private group area, The Hideaway, with its own Barrel Sauna, outdoor seating, lounge, dining area and mini treatment zone as well as access to the spa.

Aqua Sana offers spa sessions for Center Parcs guests, spa days and spa breaks, so you can escape to the spa in the forest for as long as you like. For further information and prices, please visit: www.aquasana.co.uk

About Made for Life:

The Made for Life range by Spiezia Organics Ltd grew from a need for skincare to nourish your body both inside and out. All the products were developed by combining medical and dermatological science with the strength and purity of botanicals. Since their conception, the formulations have evolved with scientific research and the ongoing belief that nature, more often than not, has the solution we need to be well.

The brand of products was the first company in the UK to achieve 100% organic certification across the entire collection from the Soil Association. The company won the best ethical skincare award 2017 and works alongside the Soil Association to help them create and enforce accreditation for skin care products in the UK. From the beginning, every single product has been made by hand in Cornwall using sustainably sourced and certified organic herbs, flowers and oils, with many herbs being sourced locally. The company tracks the provenance of every ingredient that goes into the products so each balm, oil or ointment has its own life story.

Made for Life products by Spiezia Organics are a way of living a pure and clean way of life. There are no synthetic chemicals, no parabens. Made for Life products are so natural and pure, and made with such beautiful organic ingredients that you can eat them!

Spiezia Organics is a company who believe in healthy and wholesome living, from the organic quality of the products and the labels on the recycled glass bottles and jars, to the product miles of the ingredients. It is about making choices that contribute to personal wellbeing and the wellbeing of the wider world too. Their ethos is always to give back and the Made for Life Foundation (registered charity 1138846) which supports those going through cancer benefits from much of what they do as a business.

Visit www.madeforlifeorganics.com to find out more about Made for Life.

Contacts



Simon Kay

Press Contact

Head of PR

press.office@centerparcs.co.uk

01623 821600



Emily Beaumont

Press Contact

PR Executive

press.office@centerparcs.co.uk

01623 821600