



Nov 14, 2018 11:35 GMT

# Aqua Sana Sherwood Forest crowned best in the East Midlands

The Nottinghamshire spa won Best Spa in the East Midlands and East at the eighth annual Good Spa Guide Awards, held at the Hilton Birmingham Metropole on Tuesday 13<sup>th</sup> November 2018.

The Regional Awards of the night went to the most highly-rated spas in

each area based on the Spa Spies' reviews, Bubble Ratings and audits. The Good Spa Guide Awards showcase excellence in the UK spa market and since the awards started in 2010, the organisation has seen rising standards, new developments and a huge growth in the popularity of spa.

Aqua Sana Sherwood Forest opened its new Forest Spa concept to guests in April last year, revealing the result of a two-year reinvention project and more than £3million investment. The new design includes 25 different spa experiences within six zones and earned the spa a 5 Bubbles rating from the Good Spa Guide earlier this year.

The award was collected by Kay Pennington, Group Spa Manager, alongside Aqua Sana Sherwood Forest Manager Karen Whittaker and Group Leisure Manager Sue Goddard.

Kay Pennington said; "We're absolutely delighted that Aqua Sana Sherwood Forest has won Best Spa in the East Midlands and East at the Good Spa Guide 2018 Awards. The new Forest Spa concept has been extremely well received and we've had amazing feedback from guests since opening last year. This award is a testament to the team at Aqua Sana Sherwood Forest, who deliver an incredible experience to our guests every day, which is just as important to us as the spa itself."

Sherwood Forest wasn't the only Aqua Sana Spa celebrated on the night, with Aqua Sana Woburn Forest being shortlisted in the Best Spa Day category and Aqua Sana Sherwood Forest also being a runner up in the Best Destination Spa category.

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#### Notes to Editors

- For more information on Aqua Sana Spas please visit [www.aquasana.co.uk](http://www.aquasana.co.uk)
- For a full list of categories and winners at the Good Spa Guide 2018 Awards please visit <https://goodspaguide.co.uk/awards/2018-awards>

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